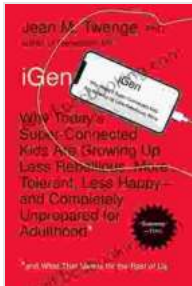


Why Today's Super Connected Kids Are Growing Up Less Rebellious, More Tolerant



iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy--and Completely Unprepared for Adulthood--and What That Means for the Rest of Us by Jean M. Twenge

★★★★☆ 4.5 out of 5

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By [Author's Name]

In the past, adolescence was often seen as a time of rebellion. Teenagers would push against their parents' rules, experiment with risky behaviors, and challenge authority figures. But today, a new study has found that today's teenagers are less rebellious than their predecessors.

The study, which was published in the journal *Child Development*, found that teenagers today are less likely to engage in risky behaviors such as drinking alcohol, smoking cigarettes, or using drugs. They are also less likely to get into fights or vandalize property.

What's behind this change in behavior? The researchers believe that it is due in part to the increased use of social media. Social media allows teenagers to connect with their friends and family more easily, and it also gives them a platform to share their thoughts and ideas.

This increased connectivity has helped to create a more supportive and tolerant environment for teenagers. They are more likely to feel accepted and understood by their peers, which makes them less likely to rebel against authority figures.

Of course, social media is not the only factor that is contributing to the decline in teenage rebellion. Other factors include the changing economy, the rise of helicopter parenting, and the increased availability of educational opportunities.

Whatever the reasons, the decline in teenage rebellion is a positive trend. It suggests that today's teenagers are more likely to be successful in school and in life. They are also more likely to be tolerant and accepting of others.

How Parents Can Help

If you are a parent, there are a number of things you can do to help your teenager avoid rebellion.

- Be supportive and understanding. Let your teenager know that you love and accept them for who they are.
- Encourage your teenager to talk to you about their problems. Let them know that you are there for them and that you want to help them.

- Set clear limits and expectations. Let your teenager know what is expected of them and what the consequences will be if they break the rules.
- Be a role model for your teenager. Show them that you are a responsible and respectful adult.
- Encourage your teenager to get involved in activities that they enjoy. This will help them to develop a sense of purpose and belonging.

Raising a teenager can be challenging, but it is also an incredibly rewarding experience. By following these tips, you can help your teenager avoid rebellion and grow up to be a successful and responsible adult.

The decline in teenage rebellion is a positive trend that is likely to continue in the years to come. This is good news for parents, educators, and anyone who works with children. It suggests that today's teenagers are more likely to be successful in school and in life. They are also more likely to be tolerant and accepting of others.



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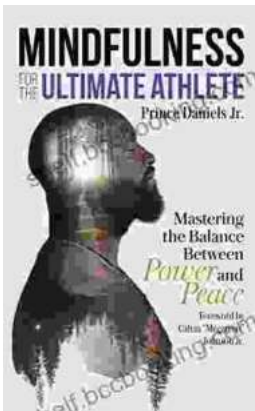
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