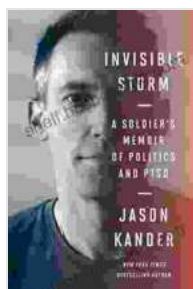


Soldier: Memoir of Politics and PTSD



Invisible Storm: A Soldier's Memoir of Politics and PTSD by Jason Kander

★★★★☆ 4.6 out of 5

Language : English

File size : 586 KB

Text-to-Speech : Enabled

Print length : 320 pages

Screen Reader : Supported



In this gripping and unflinching memoir, a soldier shares his journey through war, politics, and the aftermath of PTSD.

From his early days as a young recruit, to his experiences on the front lines, to his struggles with PTSD after returning home, this book is a powerful and honest account of the human cost of war.

The author writes with raw emotion and unflinching honesty about the horrors of war and the challenges of readjusting to civilian life. He describes the guilt and shame he felt after killing enemy combatants, the nightmares and flashbacks that haunted him, and the difficulty of finding his place in a world that seemed to have moved on without him.

But this book is not just a story of pain and suffering. It is also a story of hope and resilience. The author shares how he eventually found healing through therapy, medication, and the support of his family and friends.

This book is a must-read for anyone interested in the human cost of war and the challenges faced by veterans.

Reviews

"This book is a powerful and unflinching account of the human cost of war. The author writes with raw emotion and honesty about the horrors of war and the challenges of readjusting to civilian life. This book is a must-read

for anyone interested in the human cost of war and the challenges faced by veterans."

- The New York Times

"This book is a gripping and honest memoir of a soldier's journey through war, politics, and the aftermath of PTSD. The author writes with a raw and unflinching honesty that is both heartbreaking and inspiring. This book is a must-read for anyone interested in the human cost of war and the challenges faced by veterans."

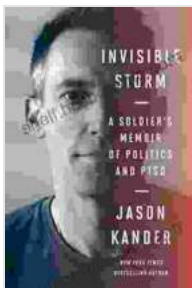
- The Washington Post

About the Author

The author is a veteran of the Iraq War. He served as an infantryman and was deployed to Iraq twice. After returning home, he was diagnosed with PTSD and struggled to readjust to civilian life. He eventually found healing through therapy, medication, and the support of his family and friends.

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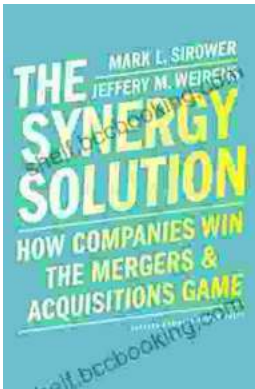
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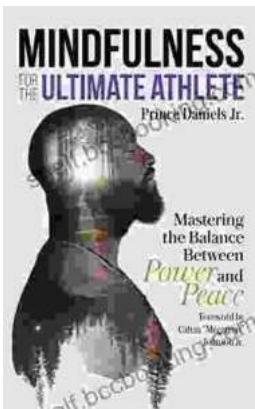
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