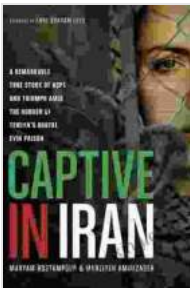


# My Life and Captivity in Iran: A Memoir of Survival and Resilience

In 2007, Haleh Esfandiari, an Iranian-American scholar, was arrested by the Iranian government and accused of spying for the United States. She was held in solitary confinement for nine months, during which time she was interrogated, threatened, and denied access to a lawyer or her family. Despite the hardships she endured, Haleh never gave up hope. She used her time in prison to write poetry, learn new languages, and reflect on her life.



## Between Two Worlds: My Life and Captivity in Iran

by Roxana Saberi

★★★★☆ 4.6 out of 5

Language : English  
File size : 841 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 340 pages



In My Life and Captivity in Iran, Haleh shares her harrowing story of survival and resilience. She writes about the physical and psychological toll that her imprisonment took on her, but she also focuses on the strength and courage that she found within herself. Haleh's memoir is a testament to the power of the human spirit, and it is a reminder that even in the darkest of times, there is always hope.

Haleh Esfandiari was born in Iran in 1954. She came to the United States to study in 1975, and she became a naturalized citizen in 1983. She worked as a researcher at the Woodrow Wilson International Center for Scholars in Washington, D.C., and she was a vocal advocate for human rights in Iran.

In May 2007, Haleh was visiting her mother in Iran when she was arrested by the Iranian government. She was accused of spying for the United States, and she was held in solitary confinement for nine months. During this time, she was interrogated, threatened, and denied access to a lawyer or her family.

In March 2008, Haleh was released on bail. She returned to the United States, where she continued to advocate for human rights in Iran. In 2010, she published her memoir, *My Life and Captivity in Iran*.

*My Life and Captivity in Iran* is a harrowing and inspiring memoir of one woman's nine-year captivity in Iran. Haleh Esfandiari's story is a testament to the resilience of the human spirit, and it is a reminder that even in the darkest of times, there is always hope.

## **Reviews**

"*My Life and Captivity in Iran* is a powerful and moving memoir. Haleh Esfandiari's story is a testament to the resilience of the human spirit, and it is a reminder that even in the darkest of times, there is always hope." - The New York Times

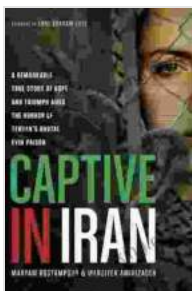
"Haleh Esfandiari's memoir is a harrowing and inspiring account of her nine-year captivity in Iran. Her story is a testament to the power of the

human spirit, and it is a reminder of the importance of fighting for human rights." - The Washington Post

"My Life and Captivity in Iran is a must-read for anyone interested in human rights, Iran, or the Middle East. Haleh Esfandiari's story is a powerful and moving reminder of the importance of standing up for what you believe in."  
- The Guardian

## Buy My Life and Captivity in Iran

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