## Guide To Keeping Everyone On The Road Alive: The Ultimate Guide to Defensive Driving

Driving is a necessary part of life for many people, but it can also be a dangerous activity. In the United States, over 40,000 people died in motor vehicle crashes in 2020. That's an average of more than 100 deaths every day.





The good news is that most of these deaths are preventable. By practicing defensive driving techniques, you can significantly reduce your risk of being involved in an accident.

#### What is Defensive Driving?

Defensive driving is a set of driving techniques that are designed to help you avoid accidents. Defensive drivers are always aware of their surroundings and anticipate potential hazards. They are also prepared to react to emergencies.

There are many different defensive driving techniques, but some of the most important include:

- Scanning the road ahead for potential hazards
- Maintaining a safe following distance
- Using your mirrors to check for blind spots
- Signaling your intentions before changing lanes or turning
- Being prepared to react to emergencies

#### **Benefits of Defensive Driving**

There are many benefits to practicing defensive driving, including:

- Reduced risk of accidents: Defensive drivers are less likely to be involved in accidents because they are more aware of their surroundings and anticipate potential hazards.
- Lower insurance rates: Insurance companies often offer discounts to drivers who have taken defensive driving courses.
- Improved driving skills: Defensive driving courses teach drivers how to handle their vehicles in a variety of situations, which can improve their overall driving skills.
- Peace of mind: Defensive drivers know that they are ng everything they can to stay safe on the road, which can give them peace of mind.

#### How to Practice Defensive Driving

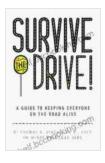
There are many ways to practice defensive driving, including:

- Take a defensive driving course: Defensive driving courses are offered by a variety of organizations, including the National Safety Council and the American Automobile Association. These courses teach drivers the principles of defensive driving and how to apply them in real-world situations.
- Be aware of your surroundings: When you're driving, always be aware of your surroundings. Scan the road ahead for potential hazards, and check your mirrors regularly for blind spots.
- Maintain a safe following distance: Always maintain a safe following distance from the car in front of you. This will give you time to react if the car in front of you stops suddenly.
- Use your signals: Always signal your intentions before changing lanes or turning. This will let other drivers know what you're planning to do, and it will help to prevent accidents.
- Be prepared to react to emergencies: Emergencies can happen at any time, so it's important to be prepared to react. Know how to brake safely, and be aware of your escape routes.

Defensive driving is an essential skill for all drivers. By practicing defensive driving techniques, you can significantly reduce your risk of being involved in an accident. If you want to stay safe on the road, then make sure to practice defensive driving every time you get behind the wheel.

Free Download your copy of **Guide To Keeping Everyone On The Road Alive** today and start driving safer tomorrow!





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**Road Alive** by Mike Swedenberg





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