

Goodbye: The Story of Suicide, Zuiker Teen Topics



Goodbye: A Story of Suicide (Zuiker Teen Topics)

by Jason Reynolds

★★★★☆ 4.9 out of 5

Language : English

File size : 93239 KB

Screen Reader : Supported

Print length : 88 pages

X-Ray for textbooks : Enabled



Suicide is the second leading cause of death among teens in the United States. It is a complex and often misunderstood issue, and there are many factors that can contribute to a teen's decision to take their own life.

In *Goodbye*, author Dr. Judy Zuiker tells the stories of several teens who have died by suicide. Through their stories, she explores the different factors that can lead to suicide, including mental health issues, bullying, and family problems.

Dr. Zuiker also provides helpful information on how to prevent suicide and how to help teens who are struggling with suicidal thoughts. She offers advice on how to talk to teens about suicide, how to recognize the warning signs, and how to get help if you are concerned about a teen.

Goodbye is a powerful and moving book that sheds light on the complex issue of teen suicide. It is a must-read for anyone who wants to understand

this issue and help prevent it.

Here are some of the things you will learn from Goodbye:

- The different factors that can contribute to teen suicide
- The warning signs of suicide
- How to talk to teens about suicide
- How to get help if you are concerned about a teen

If you are struggling with suicidal thoughts, please know that you are not alone. There are people who care about you and want to help. Please reach out to a trusted adult, call a crisis hotline, or visit the National Suicide Prevention Lifeline website.

Additional Resources

- National Suicide Prevention Lifeline
- Crisis Text Line
- The Jed Foundation



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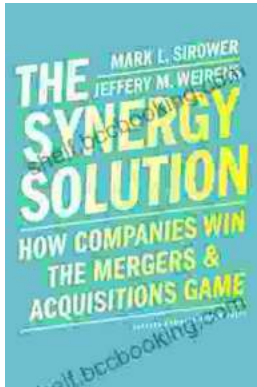
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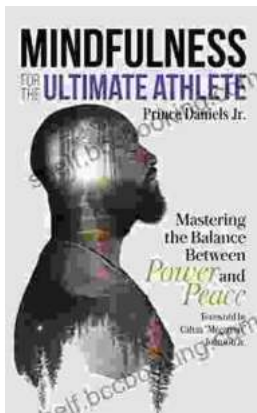
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