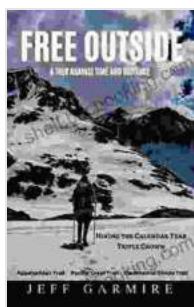


Free Outside: Trek Against Time and Distance



Free Outside: A Trek Against Time and Distance

by Jeff Garmire

★★★★☆ 4.5 out of 5

Language : English
File size : 785 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 264 pages
Lending : Enabled



In *Free Outside*, renowned mountaineer Melissa Arnot shares her inspiring story of overcoming adversity to summit some of the world's most challenging peaks.

From her early days as a timid hiker to her record-breaking ascent of Mount Everest, Arnot's journey is one of perseverance, courage, and self-discovery.

Along the way, she faces her fears head-on, pushing herself to the limits of her physical and mental abilities.

Through her vivid storytelling and breathtaking photography, Arnot takes readers on an unforgettable adventure, exploring the beauty and danger of the world's highest mountains.

Free Outside is a powerful reminder that anything is possible if you set your mind to it.

Whether you're an avid hiker, armchair adventurer, or simply someone looking for inspiration, Free Outside is a must-read.

Reviews

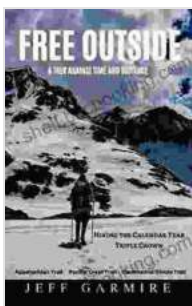
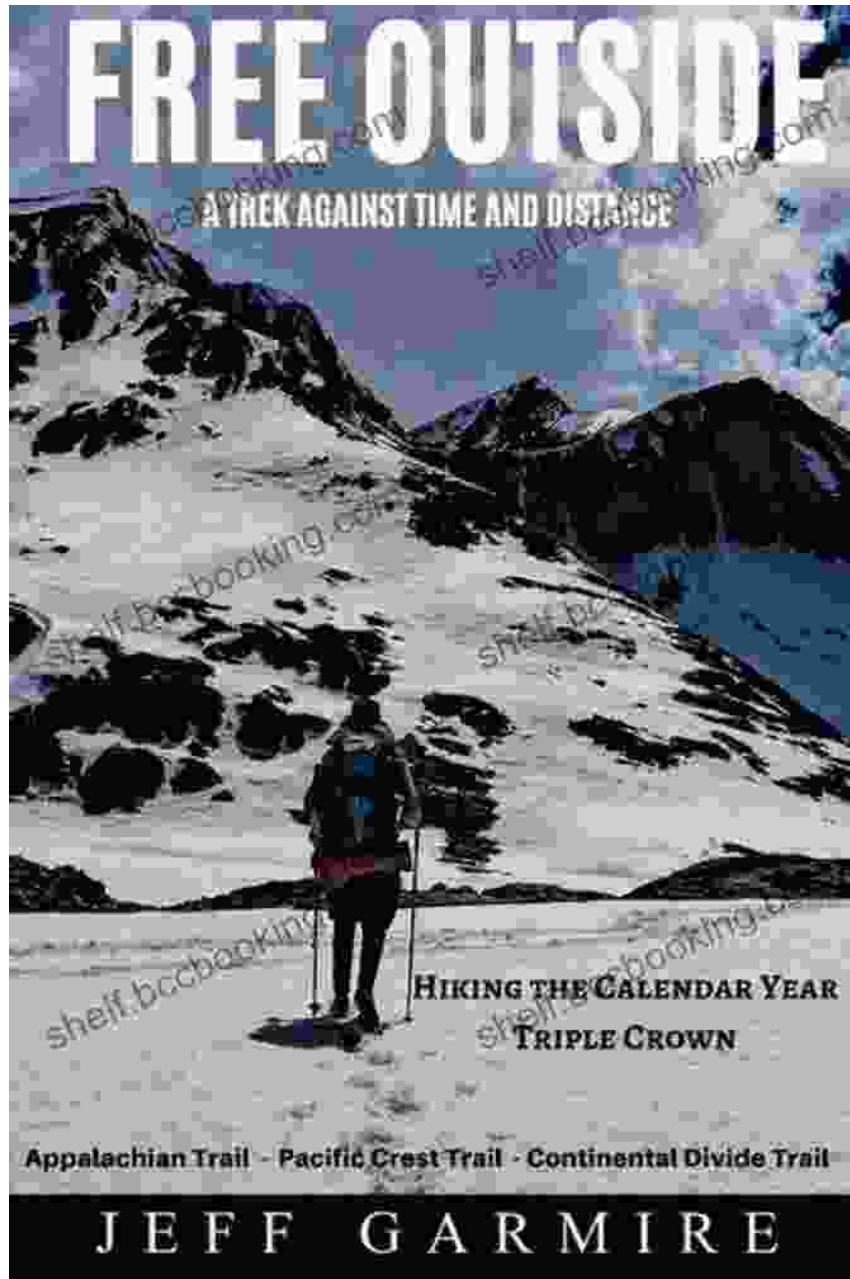
"Arnot's writing is as gripping as her climbing. Free Outside is a thrilling and inspiring adventure story that will stay with you long after you finish it." - Jon Krakauer, author of Into Thin Air

"Melissa Arnot is a true pioneer in the world of mountaineering. Her story is one of courage, determination, and triumph." - Ed Viesturs, author of No Shortcuts to the Top

"Free Outside is a beautifully written and deeply moving account of one woman's journey to find her place in the world. Arnot's story is an inspiration to us all." - Cheryl Strayed, author of Wild

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Free Outside is available now at all major bookstores and online retailers.



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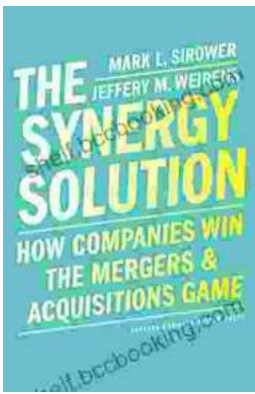
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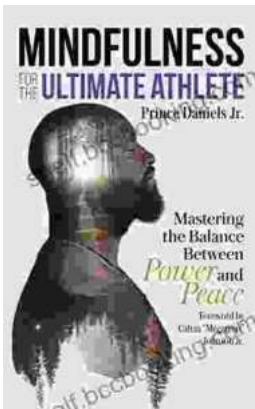
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