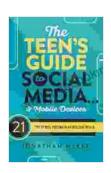
### 21 Tips for Wise Posting in an Insecure World

In today's digital age, it's more important than ever to be wise about what we post online. With so much personal information available at our fingertips, it's easy to make mistakes that could come back to haunt us later. That's why I'm sharing my 21 tips for wise posting in an insecure world.

#### 1. Think before you post

Before you hit the "post" button, take a moment to think about what you're sharing. Is it something that you would be comfortable with your boss, your parents, or your children seeing? If not, then it's probably best to keep it to yourself.



## The Teen's Guide to Social Media... and Mobile Devices: 21 Tips to Wise Posting in an Insecure World

by Jonathan McKee

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#### 2. Be mindful of your privacy settings

Make sure that you're aware of your privacy settings on all of your social media accounts. You should only share information with people who you trust. And be careful about what you post on public forums, as anyone can see it.

#### 3. Don't overshare personal information

Avoid posting your full name, address, phone number, or other personal information online. This information could be used by identity thieves or other criminals to harm you.

#### 4. Be careful about what you share with strangers

Never share personal information with someone you don't know. And be wary of people who ask you for money or other favors online.

#### 5. Don't post anything that could be used against you

This includes anything that could be considered illegal, hateful, or threatening. If you're not sure whether something is appropriate to post, it's best to err on the side of caution and not post it.

#### 6. Be aware of the risks of cyberbullying

Cyberbullying is a serious problem that can have devastating consequences. If you're being cyberbullied, don't hesitate to report it to the website or app where it's happening. You can also talk to a trusted adult for help.

#### 7. Use strong passwords

Use strong passwords for all of your online accounts. This will help to protect your information from hackers.

#### 8. Be careful about what you click on

Don't click on links in emails or text messages from people you don't know. These links could lead to phishing scams or other malicious websites.

#### 9. Keep your software up to date

Make sure that your software is up to date. This will help to protect your computer from viruses and other malware.

#### 10. Back up your data

Back up your data regularly. This will help to protect your information in the event of a computer crash or other disaster.

#### 11. Be aware of the risks of social media

Social media can be a great way to connect with friends and family. But it's important to be aware of the risks involved. Be careful about what you post, and be mindful of your privacy settings.

#### 12. Don't post anything that you wouldn't want your boss to see

This is a good rule of thumb to follow when it comes to posting anything online. If you wouldn't want your boss to see it, then it's probably best to keep it to yourself.

#### 13. Be mindful of your reputation

What you post online can have a lasting impact on your reputation. Be mindful of what you share, and make sure that it's something that you're proud of.

#### 14. Don't post anything that you'll regret later

Once you post something online, it's out there forever. Be careful about what you share, and make sure that you're comfortable with it being public.

#### 15. Be aware of the risks of sexting

Sexting is the act of sending sexually explicit messages or images. It can be a dangerous activity, and it can have serious consequences. If you're thinking about sexting, please reconsider. It's not worth the risk.

#### 16. Don't post anything that could put you in danger

This includes posting your location, your travel plans, or anything else that could make you a target for criminals.

#### 17. Be aware of the risks of identity theft

Identity theft is a serious crime that can have devastating consequences. Be careful about what you post online, and make sure that you're not sharing any information that could be used to steal your identity.

#### 18. Don't post anything that could be used to blackmail you

This includes anything that could be considered embarrassing or damaging. If you're not sure whether something is appropriate to post, it's best to err on the side of caution and not post it.

#### 19. Be mindful of your children's online activity

If you have children, it's important to be aware of their online activity. Talk to them about the risks of posting personal information, and make sure that they're using social media responsibly.

#### 20. Report any suspicious activity

If you see anything suspicious online, such as cyberbullying or hate speech, be sure to report it to the website or app where it's happening.

#### 21. Be a positive role model

Be a positive role model for others by posting responsible and respectful content. Show others that it's possible to use social media in a safe and healthy way.

By following these tips, you can help to protect yourself from the dangers of the online world. Be wise about what you post, and be mindful of your privacy settings. And remember, once you post something online, it's out there forever.

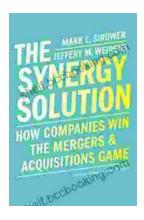


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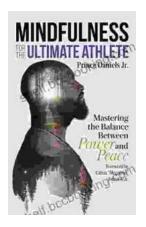
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